

SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 No SCHOOL	6 BBQ PORK ON A BUN BAKED BEANS FRUIT	7 CHEESE PIZZA LETTUCE SALAD FRUIT	8 BEEF & CHEESE BURRITO HOT VEGETABLE STRING CHEESE FRUIT	9 MEAT IN GRAVY MASHED POTATOES BISCUIT, COLESLAW FRUIT
12 HAM & CHEESE WRAP CELERY & DIP OATMEAL CHOC COOKIE FRUIT	13 CHILI CHEESY BREADSTICK FRUIT	14 SAUSAGE PIZZA LETTUCE SALAD FRUIT	15 WALKING TACOS: CHIPS, MEAT, CHEESE, SALSA, SHREDDED LETTUCE FRUIT	16 SCALLOPED POTATOES & HAM YOGURT, VEGGIES, BREAD FRUIT
19 CHICKEN NUGGETS SWEET PEPPERS & DIP APPLE FRUDEL FRUIT	20 HOTDOG ON A BUN BAKED BEANS FRUIT	21 ITALIAN PASTA BAKE GARLIC BREAD LETTUCE SALAD FRUIT	22 FIESTADA PIZZA HOT VEGETABLE FRUIT	23 TOMATO SOUP CHEESY BREADSTICK POTATO WEDGES FRUIT
26 MINI CORN DOGS CUCUMBERS & DIP MUFFIN FRUIT	27 CHICKEN PATTY ON A BUN HOT VEGETABLE FRUIT	28 FRENCH BREAD PIZZA LETTUCE SALAD FRUIT	29 MEXICAN CASSEROLE w/ CORN CHIPS STRING CHEESE FRUIT	30 PANCAKES OR WAFFLES HAM PATTY TRI-TATER FRUIT

SAMUEL LUTHERAN SCHOOL IS AN
EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE

OFFERED DAILY:
CHOC (K-8), SKIM, & 1% MILK

ALL GRAINS (BUNS/BREADS/BREADING/TORTILLAS/PASTAS/CHIPS) ARE WHOLE GRAIN & MEET SCHOOL GRAIN REQUIREMENTS